

SEX VS. SEXUAL ABUSE

GOOD SEX

Yes please!
More of this

- Intimacy
- Consent
- Pleasure
- Boundaries respected
- Mutual
- Communication
- Respect

BAD SEX

Ummm not
quite right...

- Doesn't care about me
- Crosses boundaries
- Lack of communication
- Feel like I have to
- Damaging for my self-esteem
- Feel insecure
- Objectification

SEXUAL ABUSE

STOP!
No thank you!

- Lack of consent
- Coercion
- Sex is demanded
- Control
- Views me as property
- Humiliation
- Won't take no for an answer

sjukast.is



Sex is about communication, trust, care and respect. You always need consent in order to have sex. Without consent, it is no longer sex.

SJÚKÁST ❤️